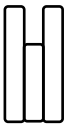
The Breckland Ditch Dodger

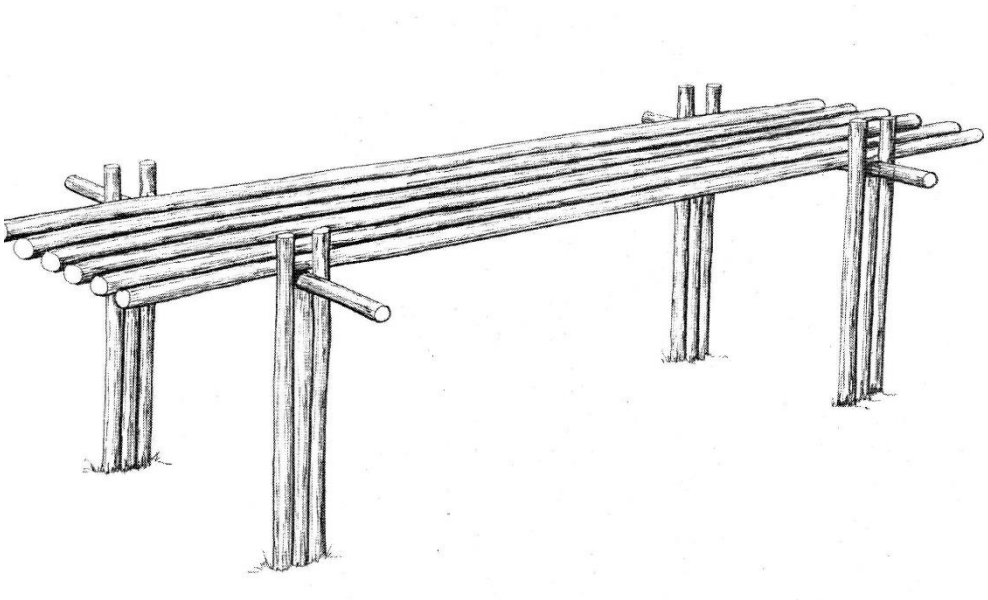
Equipment

approx 8 x 2.4m (8ft) spars
2 x 1.8m (6ft) spars
8 x 1.5m (5ft) stout pickets
2 x 1.2m (4ft) stout pickets
1 maul or sledge hammer

- Drive the pickets firmly into the ground in groups of 3 - 2 x 1.5m and 1 x 1.2m pickets. There should be 2 groups on each side of the ditch, at right angles to it. They should be approx. 1m (3ft) apart with the shortest stake in the centre.



- Place the 1.8m (6ft) spars between the groups of pickets, resting on the centre, shorter picket.
- Lay the 4m (12ft) spars across the ditch and on the 1.8m spars.
- If necessary, brailing pegs can be tapped between the 4m spars to prevent them moving.



If the depth of the ditch means that a handrail is necessary, replace one of the 1.5m pickets at each corner with a taller one, then lash a spar or tie a rope between them on each side of the bridge.